

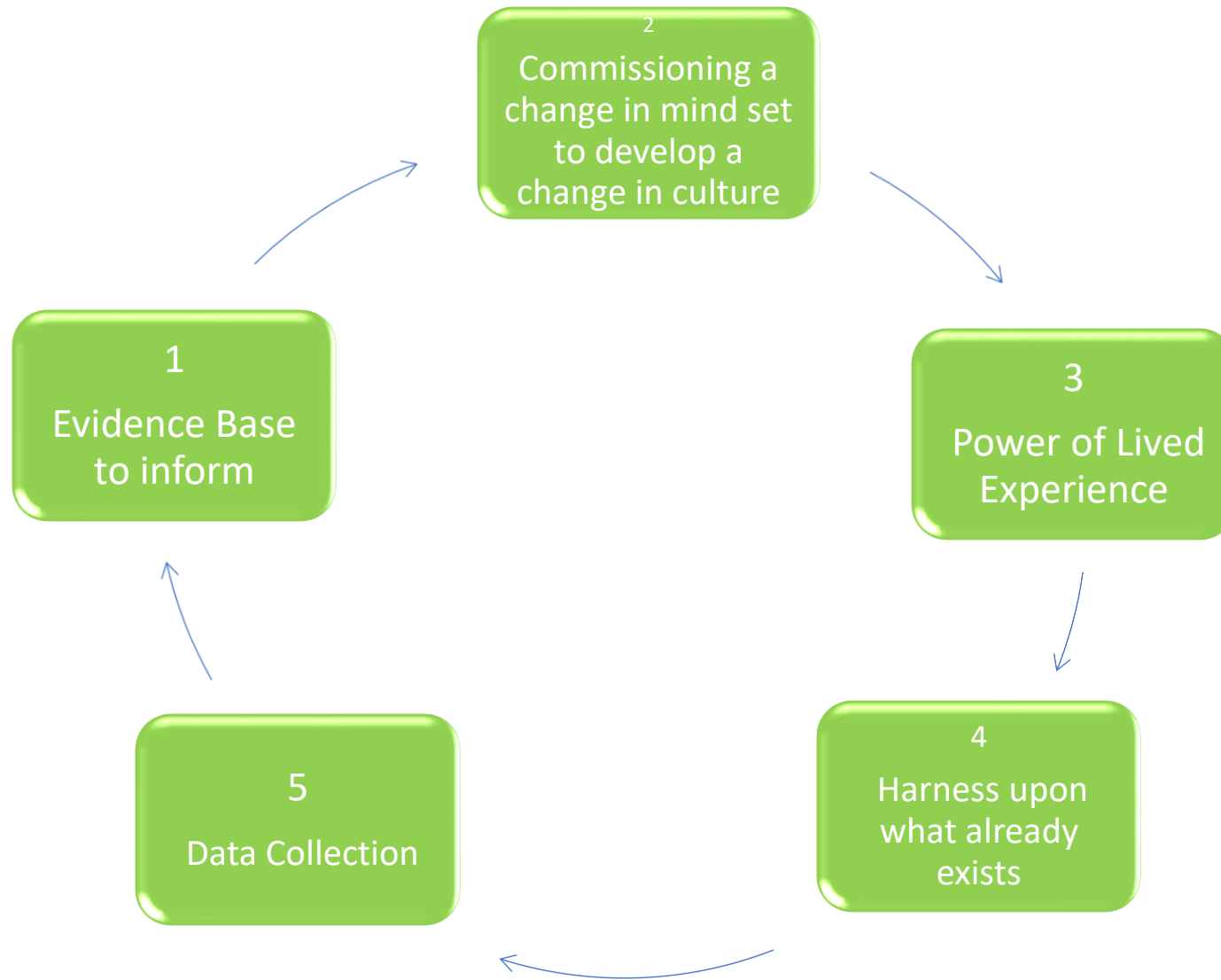
Development of Family Focused Practice in Northern Ireland

Mary Donaghy

Primera Launch

16th May 2022

Making the Shift using The Family Model



INITIATIVES

Secondment of a Think Family Support Worker from Action for Children SET/BT & WT

Expansion of the Champions Model in four Trust areas based on NT experience

SET AMH & C'rens Pilot

Regional TF Social Work Assessment Pilot/ SW Strategy 2010-2020 across all five H&SC Trusts

The Family Model (Foundation) E-Learning Tool

The Family Model (Managers Supervision) E-Learning Tool

Commissioning of Think Family Baseline Study across the five Trusts by QUB 2016-2018

Commissioning of Think Family Audit across Trusts by QUB 2020

Commissioning of Joint Prevalence Study 2020 (CAMHS & TFNI)

Strengthened EXISTING policy pathways/protocol

development of NEW policy, pathways, protocol

- A collaborative group of academics and HSC to promote performance measurement and gathering evidence base.
- Continued work to shape and influence at a **strategic level** with DoH, D.Ed, SBNI, PHA, and people with MH lived experience (Infant Mental Health Strategy, Perinatal MH Strategy, Mental health Strategy)
- **Operational level** across the five HSC Trusts– commitment and ownership from those in authority(Director/Assistant Directors to mandate the work and drive the change at HSC Trust level in partnership with lived experience)
- **Frontline level** with clinicians, practitioners and lived experience to implement Family focused practice

Exit strategy 2020
Developed a Think Family Consolidation Plan

- <http://www.cypsp.org/regional-subgroups/think-family/>
- eLearning Foundation Course - <https://thefamilymodel.com>
- Manager Supervision module [Health and Social Care \(NI\) Learning Centre \(hsclearning.com\)](http://Health and Social Care (NI) Learning Centre (hsclearning.com))

Key Messages for Southern Ireland



- having dedicated resource to lead this work is important
- preparation and lead in time to win hearts and minds!
- Ownership and commitment from Strategic , Operational and Frontline will make FFP successful and sustainable
- Willingness to progress a different skill mix across AMH and children services
- A Family focused workforce is fundamental to make the difference for family recovery
- training at induction and CPD is important to embed into the culture of AMH and Children's services
- greater emphasis upon integrated working with services
- harness the work upon what is already in place



Key Messages – cont'd

- identify the needs and supports for parent and family members early and quickly
- working with service users and carers to highlight the benefits and the difference it makes to mental health recovery is a powerful resource
- preparation to develop measurement outcomes from the outset
- evaluation is critical to evidence the benefits and sustainability of funding for the future

