

Adolescence is an important stage of life for good mental health and well-being. Students who have resettled in Ireland from conflict-affected countries can sometimes experience poorer mental health as a result of social and cultural challenges.



What is SALaM Ireland?

The **Study of Adolescent Lives after Migration (SALaM) Ireland** is being led by **Maynooth University** in partnership with **Washington University in St. Louis (U.S.A.)** and **Qatar Foundation International (QFI)**. The study will explore the mental health and psychosocial well being of adolescent students (aged 13-18 years) from conflict-affected countries including, in particular, those from Arabic-speaking countries.

Research Questions

- What are the supports available to students in schools and within the wider community?
- What kinds of supports are needed to help students as they adjust to life in their new host country?

Would you like to be involved?

We would like to hear from anyone who works with young migrants (aged 13-18 years) including Arabic-speaking groups. We are also interested in speaking to community and religious organisations who have strong links with Arabic-speaking families within their own communities.

Who do I contact?

Please contact Yvonne Leckey, Project Manager on Yvonne.Leckey@mu.ie or on 087 698 1922.

For further information, please see our website www.cmhcr.eu/salam and www.qfi.org/opportunities/salama-study