INFORMATION SHEET, ASSENT/CONSENT FORM AND POST-FAMILY TALK QUESTIONNAIRE FOR CHILDREN (8-18 YEARS)

Post Family Talk Questionnaire

Administered by the Family Talk Clinician to child(ren)

Thank you for taking part in the *Family Talk* course. We hope that you liked doing the course with your family. On the next page we have a few questions to ask you. We would love to know what you liked about the course and what you did not enjoy. This will help the researchers to improve this course for other families. There is no right or wrong answer to any question. When you have finished, give these sheets back to (clincian's name) _____ who will pass the form to the research team. If you want to say anything else and need more space, write on the back page.

We will not share your answers with anyone, not even your Mam/Dad. All of your information will be confidential. You do not have to answer every question. You can also withdraw your information if you change your mind later. In that case, you can ask your Mam/Dad to contact the research team (PRIMERA@mu.ie) and we will not use your information. All questionnaires are kept under lock and key at Maynooth University for ten years. After this time they are all destroyed. By signing your name below, you are saying you are happy for the research team to use your answers (without mentioning your name) in our study.

Signature: _____

Blocked signature: _____

Date: _____

Clinician: _____

Date course completed: _____

Please answer the following questions with the answer which best describes (circle your answer).			
1. Did it help you to talk about the mental health of your Mam/Dad?	**Yes**	**Mixed**	**No**
2. Did you feel that the therapist understood you?	**Yes**	**Don't know**	**No**
3. Do you think it was good to talk to a therapist without your parents?	**Yes**	**Don't know**	**No**
4. Do you think it was good to have a family meeting?	**Yes**	**Don't know**	**No**
5. After Family Talk, how were things for you?			
a. After Family Talk, I felt	**Better**	**No change**	**Worse**
b. Talking to my mam/dad became	**Better**	**No change**	**Worse**
c. Asking about my parent's problem became	**Better**	**No change**	**Worse**
d. What I know and understand about my parent's problem became	**Better**	**No change**	**Worse**
6. After Family Talk, my understanding of my mam/dad and their mental health issues became	**Better**	**No change**	**Worse**
7. After Family Talk, I feel that my Mam's/Dad's understanding of me became	**Better**	**No change**	**Worse**
8. Sometimes children are worried about their parents when they have mental health issues. After Family Talk, I felt	**More Worried**	**No change**	**Less Worried**
9. Children might feel that their parent's problems are their fault. Do you ever feel it was your fault?	**Yes**	**Don't know**	**No**
10. Would you recommend that other children take part in these family meetings?	**Yes**	**Don't know**	**No**

11. What, if anything, would you change about Family Talk?

_____

_____

_____

12. Is there anything else you would like to say?

_____

_____

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